US Equities It's a Bear Market; Now What?



Market declines are a normal (and important) part of investing. In fact, the S&P 500 Index has now dropped by 20% or more (aka: a bear market) 13 times since 1946, with dozens of smaller dips and corrections along the way. Declines of this size can certainly be unsettling and investors may look to move to the sidelines, hoping to avoid further losses. However, as illustrated on the next page, many of the "best" days occur on the heels of the "worst" and as illustrated below, the return for the six months, one, two and three years following the market bottom have been robust. Although investing at the exact bottom of a bear market is unlikely, this analysis illustrates how focusing on longer-term investment objectives and staying invested despite market volatility has provided investors the potential to not only recover their losses, but could further reward those willing to stay the course.



	Sharet Darka	End Date	Cumulative Decline (%)	# Calendar Days During Decline	Cumulative Total Return for Periods Following End Date (%)				Time to Recovery	
	Start Date				6 Months	1 year	2 Years	3 years	# Cal Days	App. # Months
1	5/29/1946	5/17/1947	-28.78	353	12.13	25.77	20.30	67.98	1,119	36
2	6/15/1948	6/13/1949	-20.57	363	30.07	59.93	94.04	133.34	208	7
3	8/2/1956	10/22/1957	-21.63	446	12.04	36.23	54.23	51.99	337]]
4	12/12/1961	6/26/1962	-27.97	196	22.65	37.48	66.51	74.98	434	14
5	2/9/1966	10/7/1966	-22.18	240	24.25	37.29	51.01	39.93	209	7
6	11/29/1968	5/26/1970	-36.06	543	25.24	48.94	70.63	71.27	650	21
7	1/11/1973	10/3/1974	-48.20	630	34.15	44.43	81.97	76.76	2,114	70
8	11/28/1980	8/12/1982	-27.11	622	47.93	66.11	77.41	110.27	83	3
9	8/25/1987	12/4/1987	-33.51	101	21.27	26.00	68.63	62.27	600	20
10	3/24/2000	10/9/2002	-49.15	929	12.54	36.14	49.62	62.35	1,694	56
11	10/9/2007	3/9/2009	-56.78	517	54.55	72.26	103.40	115.79	1,480	49
12	2/19/2020	3/23/2020	-33.92	33	46.02	77.78	105.42	N/A	148	5
13	1/3/2022	10/12/2022	-24.50	282	N/A	N/A	N/A	N/A	N/A	N/A
		AVERAGE:	-33.10%	404	28.57%	47.36%	70.26%	78.81%	756	25

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Performance for the periods prior or subsequent to those periods reflected herein may be lower. It is not possible to invest directly in an index. An index does not include cash. Returns are not indicative of the performance of any AAM product. Please see reverse for additional important information.

S&F 500 INDEX. TEIN LARGEST DAIET MOVES (1/4/1926 to 1/12/2025)										
Date	Close	Point Change	% Change	Date	Close	Point Change	% Change			
	PERCENTA	GE DECLINE		PERCENTAGE INCREASE						
10/19/1987	224.84	-57.86	-20.467	3/15/1933	6.81	0.97	16.610			
10/28/1929	22.74	-3.20	-12.336	10/30/1929	22.99	2.56	12.531			
3/16/2020	2,386.13	-324.89	-11.984	10/6/1931	9.91	1.09	12.358			
10/29/1929	20.43	-2.31	-10.158	9/21/1932	8.52	0.90	11.811			
11/6/1929	20.61	-2.27	-9.921	10/13/2008	1,003.35	104.13	11.580			
3/12/2020	2,480.64	-260.74	-9.511	10/28/2008	940.51	91.59	10.789			
10/18/1937	10.76	-1.10	-9.275	9/5/1939	12.64	1.11	9.627			
10/15/2008	907.84	-90.17	-9.035	4/20/1933	7.82	0.68	9.524			
12/1/2008	816.21	-80.03	-8.930	3/24/2020	2,447.33	290.93	9.383			
7/20/1933	10.57	-1.03	-8.879	3/13/2020	2,711.02	230.38	9.287			
	POINT	DECLINE		POINT INCREASE						
3/16/2020	2386.13	-324.89	-11.984	3/13/2020	2711.02	230.38	9.287			
3/12/2020	2480.64	-260.74	-9.511	3/24/2020	2447.33	209.93	9.383			
3/9/2020	2746.56	-225.81	-7.597	11/10/2022	3956.37	207.80	5.543			
6/11/2020	3002.10	-188.04	-5.894	4/6/2020	2663.68	175.03	7.033			
9/13/2022	3932.69	-177.72	-4.324	3/26/2020	2630.07	154.51	6.241			
5/18/2022	3923.68	-165.17	-4.040	3/17/2020	2529.19	143.06	5.995			
4/29/2022	4131.93	-155.57	-3.628	3/2/2020	3090.23	136.01	4.604			
5/5/2022	4146.87	-153.30	-3.565	3/10/2020	2882.23	135.67	4.940			
6/13/2022	3749.63	-151.23	-3.877	3/4/2020	3130.12	126.75	4.220			
8/26/2022	4057.66	-141.46	-3.369	5/4/2022	4300.17	124.69	2.986			

S&P 500 INDEX: TEN LARGEST DAILY MOVES (1/4/1928 to 1/12/2023)

As illustrated in the table to the left, the market has often rebounded after particularly difficult days, and moving to the sidelines during volatile periods forgoes the opportunity to participate in these rebounds.

Whether it's inflation, rising rates, geopolitical concerns or another issue that creates uncertainty and volatility, we believe investors should remain focused on their long-term investment goals and always remember: It's time in the market, not timing the market, that builds long-term wealth.

Visit www.aamlive.com or contact a financial professional to discuss potential opportunities in today's environment.

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